

Egg Whites

Liquid



Nutrition Facts

9 servings per container
Serving size 3.5oz. (100g)

Amount per serving
Calories 40

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0.5g	
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 170mg	7%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0.0mcg	Vitamin A 0.0mcg 0%
Potassium 136mg	4% • Vitamin C 0.0mcg 0%
Iron 0.0mg	0% • Calcium 8.4mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

Total Fat	Calories	2000	2500
Sat Fat	Less Than	65g	80g
Cholesterol	Less Than	20g	25g
Sodium	Less Than	300mg	300mg
Total Carbohydrate	Less Than	2400mg	2400mg
Dietary fiber		300g	375g
		25g	30g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Egg Whites.

KEEP REFRIGERATED

Refrigerate unused portion and use within 3 days of opening.

	1lb.	2lb.	5lb.	30lb.	120lb.	800lb.
Tanker						●
Tote					●	
Bucket				●		
Bag			●			
Carton	●	●				



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